



November 2021

Counseling Corner

Visit the Counseling Corner!

The Counseling Corner's doors are open for all students throughout the school day. Feel free to drop in, or submit a self-referral –click [here](#).

Hours are:

Monday - Friday

8:00 a.m. – 3:30 p.m.

Meet the Counselors



Ms. Yvonne McDaniel

room 200
School Counselor/Career Specialist
yvonne.mcdaniel@jptruluck.org

Ms. Nicole Brooks

room 401
Social-Emotional Counselor
nicole.brooks@jptruluck.org

Ms. Kendra Wilson

room 200
School Counselor/Career Specialist
kendra.wilson@jptruluck.org



Don't Worry, Be Happy!!

Everyone has feelings of anxiety, nervousness, tension, and stress from time to time. Here are 5 ways to help manage them:

1. Practice relaxation
2. Get plenty of sleep, nourishment, and exercise
3. Connect with others
4. Focus on positive things
5. Talk to someone about how you are feeling

Click on this [link](#) for more coping skills to help control your stress and anxiety.



Save the Dates

❖ November 22-26 - Thanksgiving Holiday



Ripple Effects is an online program for students that promotes self-awareness, social awareness, self-management, responsible decision-making and relationship skills.

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RIPPLE EFFECTS FOR TEENS: FOR ALL JPT STUDENTS

You were asked to complete the Ripple Effects screener last month. If you did not complete it, go back to the October newsletter for information. If you have completed the screener, see below for information on how to access lessons.

RIPPLE EFFECTS LESSON 1: "Knowing Yourself"

Click [here](#) to access Ripple Effect lessons.

Step 1: Use the username (lunch/powerschool #) and password that you created for the Ripple Effects screener. You will fill in your student information the first time you log in, but you will not need to enter all of your information the next time.

Step 2: Click on the Keys icon at the top of the screen. Then, select the first Key - "Knowing Yourself."

Step 3: For the month of November, you are asked to complete ALL lessons in the "Knowing Yourself" section.

Once you have completed Lesson 1, feel free to explore other topics under the *Topics* section.

Email us if you have questions.

Character Education - Word of the Month

- **Citizenship** - *being a person who is involved in trying to make the community, nation, or world a better place*



What
YOU DO
today
CAN
IMPROVE
all your
tomorrows.

RALPH MARSTON

November is the month
to remind us to be
thankful for the many
positive things
happening in our life.



NOVEMBER

BIRTHDAYS

Justin M. 11/02
Lauren S. 11/02
Kearstin G. 11/03
Jaquan H. 11/03
Emarie M. 11/03
Abigale S. 11/03
Blayne E. 11/04
Andrew P. 11/04
Mason P. 11/04
Makayla W. 11/04
Jacobie B. 11/07
Karston M. 11/08
Drianna S. 11/10

Jemari C. 11/11
DeLontae T. 11/12
Kera E. 11/14
Kaleb R. 11/14
Benjamin B. 11/15
Mike R. 11/15
Alison L. 11/17
Madison L. 11/17
Frenchaire M. 11/17
Dawson F. 11/18
Zarria J. 11/19
Cailyn M. 11/19
Nylaja H. 11/20

Matthew D. 11/21
Bryan D. 11/21
Justin Y. 11/21
Marshall A. 11/22
Makayla J. 11/24
Michael T. 11/24
Mikayla B. 11/25
Connor F. 11/25
Kennedi F. 11/26
Monserrat L. 11/28
A'mon C. 11/29
Tyasia J. 11/29
Tori P. 11/29
Evan P. 11/29
Ethan M. 11/29

Christopher B. 11/30
Johnathan L. 11/30



The moment you accept
responsibility for everything in
your life is the moment you gain
the power to change anything
in your life.





Test Date: Friday, November 5, 2021

Test Time: 8:30 a.m.-11:45 a.m.

Test Location: Media Center

Who can take the test: Any 10th, 11th, or 12 graders

Sign Up In the Counselors' Office

November Career Talk Sessions



Cosmetology

What does a cosmetologist do?

A cosmetologist can cut, trim, polish, color, tint, or cleanse the nails. They can apply artificial nails. A cosmetologist can perform facials, apply makeup, give skin care or beautify the face, neck, arms, or upper body by use of cosmetic preparations, antiseptics, tonics, lotions, or creams.

What is a cosmetology salary?

Cosmetologists earned a median of \$26,090 per year (\$12.54 per hour) as of 2019. The lower-paid cosmetologists (in the 10th percentile) earned an average annual salary of \$18,430, while higher-paid cosmetologists (in the 90th percentile) made an average annual salary of \$51,870.

Forklift Operators

What does a forklift operator do?

They are responsible for maintaining the workflow in the factory or warehouse by preparing orders for shipment, storing materials, assisting in taking inventory, and operating the machinery required to safely handle and transport items .

Do forklift operators make good money?

The average salary for a forklift operator in California is around \$35,460 per year.

CNA

What exactly is a CNA?

A Certified Nursing Assistant helps patients with direct health care needs, often under the supervision of a nurse. Certified nursing assistants may also be called a nursing assistant, a nurse's aid, or a patient care assistant. ... Turning or moving patients. Gathering medical supplies.

What is a CNA salary?

According to the Bureau of Labor Statistics, the median CNA pay per hour in 2019 was \$14.25 an hour, up from \$13.72 per hour in 2018. The national average annual CNA salary was \$29,640, up from \$28,530 in 2018 and \$27,510 in 2017.



**Class of
2022**

Scholarship Tips:

- 1. Meet all application deadlines. Use a calendar or planner, make a schedule, and stick to it.**
- 2. Gather application materials early.**
- 3. Don't ignore small awards.**
- 4. Request letters recommendation early.**
- 5. Write a great essay.**
- 6. Attend a scholarship workshop.**
- 7. Search databases and online.**
- 8. Talk to friends and family.**
- 9. Talk to people on forums like Facebook and Quora.**
- 10. Talk to counselors.**

FAFSA[®]
Federal Student Aid
An OFFICE of the U.S. DEPARTMENT of EDUCATION

Seniors, it's not too late. If you or your parents need assistance with completing your FAFSA application, contact the Counselor's Office. IT'S FREE MONEY!!!



Check the Scholarship Board and your Google Classroom Class of 2022 for opportunities.



16 Career Clusters

Career clusters connect what students learn in school with the knowledge and skills they need for success in college and careers. Each career cluster identifies different pathways from secondary school to two and four year colleges, graduate school, and the workplace.

- Agricultural
- Architecture and Construction
- Arts, AV Technology and Communications
- Business Management and Administration
- Education and Training
- Finance
- Government and Public Administration
- Health Sciences
- Hospitality and Tourism
- Human Services
- Information Technology
- Law, Public Safety, Corrections, and Security
- Manufacturing
- Marketing
- STEM-Science, Technology, Engineering, and Mathematics
- Transportation, Distribution, and Logistics

SCOIS Career Assessment



South Carolina students in grades 6th-12th will be taking their SCOIS Assessment during the month of November.

Ms. McDaniel will be coming to students' ELA classes for students to complete their assessment. . Students in grades 8th-12th will use their SCOIS results to better prepare their Individualized Graduation Plans (IGPs.)

Students in grades 8th-12th grades will start IGP conferencing in December.

Good Information to Know

SAT and ACT Testing Dates

ACT

Test Date	Registration Deadline	Late Registration Deadline
September 11, 2021	August 6	August 20
October 23, 2021	September 17	October 1
December 11, 2021	November 5	November 1
February 12, 2022	January 7	January 21
April 2, 2022	February 25	March 11
June 11, 2022	May 6	May 20
July 16, 2022	June 17	June 24

SAT

Test Date	Registration Deadline	Late Registration Deadline
August 28, 2021	July 30	August 17
October 2, 2021	September 3	September 21
November 6, 2021	October 8	October 26
December 4, 2021	November 4	November 23
March 12, 2022	February 11	March 1
May 7, 2022	April 8	April 26
June 4, 2022	May 5	May 25

ACCUPLACER Testing Information

- Accuplacer can be taken 3 times within a year.
- You must wait 14 days between test attempts.
- The first test is free
- Tests after subsequent attempts in the same year are subject to a \$10 retesting fee.
- Accuplacer scores valid for 4 years.
- Evening testing appointments available.
- ONLY Florence-Darlington Technical College requires the Accuplacer test.
- Accuplacer score needed: 210 or higher on the Reading section.
Call (843)676-8591 M-Th from 8:00 a.m.-9:00 p.m. to schedule an appointment to test.



Check Powerschool regularly to monitor your grades.



Check your Google Classrooms daily for assignments and missed assignments.



**Homework Center
Tutoring Center
Monday-Friday
3:30-5:30**